

**Jabra®**  
DISCOVER FREEDOM

# Jabra® SPORT



User manual

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[www.jabra.com](http://www.jabra.com)

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## THANK YOU

Thank you for purchasing the Jabra SPORT Bluetooth® Stereo Headset. We hope you enjoy it! This instruction manual will get you started and ready to make the most of your headset.

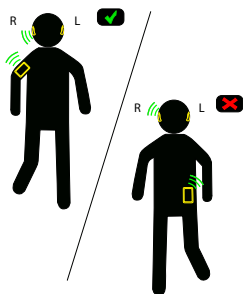
### Please read this before using Jabra SPORT

#### For use indoors:

- Mobile device can be placed anywhere up to a 10 meters/ 30 foot radius of headset

#### For use outdoors:

- Bluetooth as a technology has limitations when used outdoors
- For optimal reception, place mobile device above waist and on right side of body
- Recommended placement is on your right arm



## ABOUT YOUR JABRA SPORT

**A On/Off, Answer/End, Play/Pause or Endomondo Status**

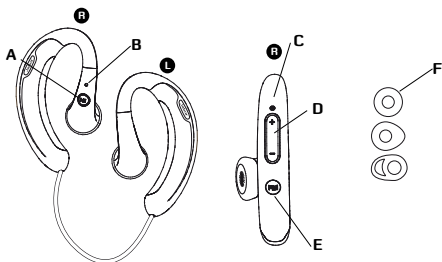
**B Microphone**

**C Indicator light**

**D Volume Control, Skip Track, FM Auto seek**

**E FM On/Off**

**F Eargels**



## WHAT YOUR HEADSET DOES

The Jabra SPORT lets you enjoy wireless music and calls while exercising.

### Product highlights:

- Secure and comfortable fit during exercise
- Rain, dust and shock protection. US Military and IP54 standard
- Powerful bass and built-in FM radio

### Features and Specifications

1. Wireless freedom through Bluetooth technology
2. Optimized comfort for an active life style
3. Tested against US Military and IP54 standards for rain\*, dust and shock resistance
4. Integrated FM receiver so you can listen to your favorite radio stations

5. Advanced Multiuse™ - connect 2 Bluetooth devices at the same time
6. AM3D Power Bass for an enhanced music experience
7. 3 different sets of eargels for an individual fit
8. Exclusive features when used with the Endomondo Sports Tracker\*\*
  - a. Instant Feedback; get your Endomondo workout status read aloud through your headset
  - b. Workout Control; pause your Endomondo workout at the press of a button
9. Up to 4.5 hours of talk time, 3 hours of music time, 4 days of standby time\*\*\*
10. Bluetooth profile 3.0
11. Features answer/end, play/pause music\*\*\*, volume up/down\*\*\* and skip track\*\*\* buttons

*\* The Jabra SPORT can withstand a short rain shower but is not waterproof and cannot be submerged in fluids. If your device gets wet, it should be wiped clean of any traces of water in order to protect it from potential damage.*

*\*\* See Endomondo section for more details.*

*\*\*\* Phone dependent*

## GETTING STARTED

Follow these three steps before using your headset:

- 1 Charge your headset (approximately 2 hours)
- 2 Activate Bluetooth® on your mobile phone (refer to the manual for your mobile phone)
- 3 Pair your headset to your mobile phone

## CHARGING YOUR JABRA SPORT

Make sure that your Jabra SPORT is fully charged before you start using it for the first time. The battery indicator will flash green while charging.

When the battery indicator stops flashing the charge is complete. It takes approx. 2 hours to fully charge the battery.

**Please note:** *The lifetime of the battery will be significantly reduced if your device is left uncharged for a long period. Jabra therefore recommends that you recharge your device at least once a month.*

## TURNING YOUR JABRA SPORT ON AND OFF

To turn your Jabra SPORT on press the On/Off button (A) until the indicator light flashes Blue. To turn your Jabra SPORT off press the On/Off button until the indicator light flashes Blue.

## PAIRING YOUR JABRA SPORT TO A PHONE OR OTHER DEVICE

Headsets are connected to phones or other Bluetooth devices using a procedure called 'pairing'. By following a few simple steps, pairing can be done in a matter of seconds.

### Put the headset in pairing mode

- 1 Make sure the Jabra SPORT is off. Put the SPORT into pairing mode – press and hold the Answer/End button (A) until the indicator light flashes blue (the first time you turn on the Jabra SPORT it will be in pairing mode automatically).
- 2 Search for Bluetooth devices on your phone\* or other device and select the Jabra SPORT.
- 3 If prompted for a PIN code, please enter 0000 (4 zeros) and confirm.

*\* Follow your phone's instruction guide. First make sure that Bluetooth is activated on your mobile phone. Then set your phone to search for the headset. This usually involves going to a 'setup,' 'connect' or 'Bluetooth' menu on your phone and selecting the option to search for or 'add' a Bluetooth device.*

**Note:** All communications between your Jabra SPORT headset and mobile phone are encrypted, so others will not be able to intercept and understand your conversation. Establishing this encryption is an important part of the pairing process.

## USING YOUR JABRA SPORT

### Main features:

#### **Play or pause music (some phones may require you to start a media player first)\***

Tap the Play/Pause button (A) to play and pause music.

#### **Change between music tracks\***

Change tracks by pressing for approx. 1 sec. on the Volume up (+) button (D) to skip forward and press for approx. 1 sec. on the Volume down (-) button to skip back.

## Adjust volume

Tap the volume buttons (D) to adjust the volume up or down.

## Answer or end a call

Tap the Answer/End button (A) to answer or end calls.

## Using the FM receiver\*\*

- To turn on the FM radio, first make sure your Jabra SPORT is turned ON.
- Tap the FM button (E) on the headset to activate the FM receiver
- To search for the next available radio station press and hold either the Volume up (+) or the Volume down (-) button until you hear a short beep - then release your press.

\*\* Please use FM outdoors for best performance

**PLEASE NOTE:** *FM reception conditions may vary significantly depending on the physical environment (e.g. buildings, mountains, being inside/outside), RF environment (e.g. Wi-Fi), proximity to broadcasting tower and other external factors.*

## Endomondo features (see page 9 for more details):

**Instant feedback\*\*:** With your Jabra SPORT stereo headset, you can hear instant performance updates during your workout. Tap the Play/Pause button (A) to get status on speed, distance and duration.

**Workout control\*\*:** With your Jabra SPORT stereo headset, you can easily control the Endomondo Sports Tracker with the push of a button. **Press** the Play/Pause button (A) for 1 sec. to pause or resume workout

## Other features:

### Reject a call\*\*

Double tap the Answer/End button (A) when the phone rings to reject an incoming call. Depending on your phone settings, the person who called you will either be forwarded to voice mail or hear the busy signal.

### **Make a call\*\***

When your Jabra SPORT is connected to your phone, all calls made from your phone will automatically be transferred to your headset (subject to phone settings).

### **Redial last number\*\***

Double tap the Answer/End button (A).

### **Mute microphone when on a phone call**

Tap the – and + volume button simultaneously to mute Tap either the - or the + volume button again to unmute.

### **Factory reset:**

To perform a factory reset, press and hold the Answer/End button (A) and volume '+' (D) simultaneously for 3 seconds

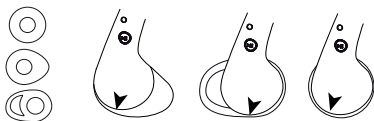
## WEARING STYLE & EARGELS

Place each ear piece so the speaker is in front of the ear canal and the ear hook wraps snugly around the back of the ear.

The wire should run behind the neck for optimum comfort and freedom of movement.

Three different eargels are included to secure the best possible fit and comfort.

Align the guiding arrows on the speaker housing and eargels for correct positioning. There are Left & Right indicators on the eargels also.





## HEADSET VISUAL AND AUDIO INDICATORS

The Jabra SPORT provides status messages using both lights and Voice Guidance.

The indicator light on the back side of Jabra SPORT indicates different states of the product:

Indicator light	What the light means
Flashing blue	In pairing mode - see 'Pair Jabra SPORT to a phone or other device'
Slow single blue flash	Connected to a phone and in standby mode
Single blue flash	Connected to phone and active on call
Quick blue double flash	Incoming call
Slow green flashing	Charging
Solid green	Fully charged - the green indicator light will turn off after 60 seconds
Red flashing	Low battery

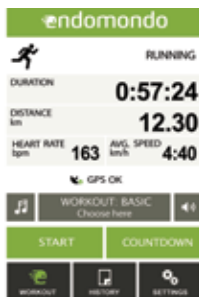
The Jabra SPORT indicator light turns off after 60 seconds of inactivity. The headset is still active, and light will flash again after a tap on the Answer/End button or any call activity.

Voice Guidance	
Jabra SPORT announcements	What it means
<p>"Welcome! You are now ready for pairing. Go to the Bluetooth menu on your phone.</p> <p>Turn on or enable Bluetooth.</p> <p>Search for devices and select your Jabra hands free device and chose pair or OK. If asked for a PIN code use 0000"</p>	<p>Announced every time pairing mode is initiated.</p> <p>Repeated after 20 seconds.</p> <p>Follow instructions on your phone.</p>
"Pairing failed"	Announced if pairing process fails.
"Connected"	Announced when the Jabra SPORT is connected, but no phone name is available.
"Disconnected"	Announced If a connected phone is turned off, goes out of range or has BT disabled while in range and while the headset is still turned on.
"Low battery"	<p>Low battery warning when battery goes below 10% charge.</p> <p>To be repeated every 5 minutes.</p> <p>When battery is below 10% this will be announced every 30 seconds.</p> <p>Also when on a call.</p>
"Power off"	Announced when Jabra SPORT is shut down.

"Power on"	Announced when Jabra SPORT is turned on.
"Call ended"	Announced when call is ended.
"Battery level is low/medium/high"	<p>"Battery level is high" is announced when battery has more than 50% left. If the battery level is between 10% - 50%.</p> <p>"Battery level is medium" is announced. If battery level is below 10% "Battery level is low" is announced.</p>

## USING YOUR JABRA SPORT WITH THE ENDOMONDO SPORTS TRACKER APPLICATION FOR MOBILE PHONES

**Track your fitness**  
**Hear your performance**  
**Analyze your results**



### **Track your performance on-the-go**

When you have downloaded the Endomondo app to your mobile phone you have access to two exclusive features only provided with Jabra SPORT.

**Instant feedback\*:** With your Jabra SPORT stereo headset, you can hear instant performance updates during your workout. **Tap** the Play/Pause button (A) to get status on speed, distance and duration.

**Workout control\*:** With your Jabra SPORT stereo headset, you can easily control the Endomondo Sports Tracker with the push of a button. **Press** the Play/Pause button (A) to pause or resume workout.

Jabra SPORT features are applicable for iPhone, Android and BlackBerry phones with GPS only. With Jabra SPORT connected to your phone and with the Endomondo app open while exercising you can tap the Play/Pause button to get a status update of your workout read aloud through the headset.

Please note, that to get Instant Feedback & Workout Control feature to work with any Bluetooth enabled Apple product (iPhone® 4, iPhone® 3Gs), you need the Jabra SPORT 'Made for iPhone' product variant.

iPhone users may experience a slight delay in music playback when switching over to FM radio from iTunes while using the Endomondo app. In order to avoid any lag, please pause your current track before switching over to the FM transmitter on Jabra SPORT

## How to get Endomondo Sports Tracker

Download Endomondo Sports Tracker from the app store on your smartphone or go to [www.endomondo.com](http://www.endomondo.com).

Join the popular community at [www.endomondo.com](http://www.endomondo.com) to challenge your friends and follow their performances live.

## USING YOUR JABRA SPORT WITH TWO DEVICES

The Jabra SPORT is capable of having two different Bluetooth devices connected to the headset at the same time – e.g. two mobile phones or a mobile phone and a PC for Internet telephony (VoIP).

If you would like to pair with a second device, simply follow the pairing process described earlier.

## TROUBLESHOOTING & FAQ

### **What is Bluetooth Stereo/A2DP?**

Bluetooth Stereo enables a wireless connection of stereo audio between two Bluetooth Stereo devices. In order to provide a wireless Bluetooth Stereo connection between two devices, both devices must support the A2DP (Advanced Audio Distribution Profile) Bluetooth profile.

### **What is AVRCP?**

Audio Video Remote Control Profile (AVRCP) enables you to remote control your music player from the Jabra SPORT with functions such as Play, Pause & Skip Track (can be phone dependent).

### **How can I use the Multiuse™ feature on my Jabra SPORT?**

Multiuse functionality enables you to be connected to two different devices at the same time (e.g. a mobile phone and a PC). This means that for example, you can use the same headset for both listening to music from your mobile phone and use it for Internet telephony (e.g. Skype or Google Talk) at the same time.

### **I hear crackling noises**

Bluetooth is a radio technology which means it is sensitive to objects between the headset and the device it is connected to. You should be able to have up to 10 meters (33 feet) of distance between the headset and the connected device when there are no major objects in the way (walls, etc.).

### **I cannot hear the phone call in the headset**

Increase the volume on the Jabra SPORT.

Make sure your phone is connected to the headset by i.e. tapping the Answer/End button (A), or viewing the LED indicator.

### **I have pairing problems**

You may have deleted the pairing connection in your mobile phone – follow the pairing instructions in 'Pair Your Headset to a Phone or other Device' section.

### **I cannot use Reject call, Call on hold or Redial**

These features are dependent on your phone supporting them; please consult your phone's manual for details.

### **I cannot hear music in the headset**

Ensure that the headset is connected to your Bluetooth enabled device.

You may have been out-of-range (10 meters) to your Bluetooth enabled device or the headset might have experienced an ESD (Electrostatic discharge) incidence. Press the Answer/End Button (A) to re-establish the Bluetooth audio link - Increase the volume on your device.

Make sure that the Jabra SPORT is charged.

### **The music I hear sounds very poor**

Make sure the other device supports Bluetooth 1.1 or higher including the Advanced Audio Distribution Profile (A2DP) for music streaming.

If the above procedure did not help then it is possible that your phone is using the stereo audio connection in a different way. You can enable this mode on Jabra SPORT by performing pairing in the following way:

- Remove the Bluetooth connection to Jabra SPORT on your phone
- Make sure the headset is turned off
- Press and hold the Answer/End button (A) for more than 5 seconds until the indicator light flashes blue
- Go through the regular steps in pairing the headset to a Bluetooth device.

## **TAKING CARE OF YOUR HEADSET**

- Always store the Jabra SPORT with the power off and safely protected
- Avoid storage at extreme temperatures (above 45°C/113°F – including direct sunlight – or below -10°C/14°F). This can shorten battery life and may affect operation. High temperatures may also degrade performance.
- Ensure the USB cover is completely covered to protect against water/sweat.

## GLOSSARY

- 1 Bluetooth is a radio technology that connects devices, such as mobile phones and headsets, without wires or cords over a short distance (approx. 10 meters/33 feet). Bluetooth is safe to use. It is secure too, so once a connection has been made no-one can listen in and there is no interference from other Bluetooth devices either. Get more information at [www.bluetooth.com](http://www.bluetooth.com).
- 2 Bluetooth profiles are the different ways that Bluetooth devices communicate with other devices. Bluetooth phones support the headset profile, the hands-free profile or both. In order to support a certain profile, a phone manufacturer must implement certain mandatory features within the phone's software.
- 3 Pairing creates a unique and encrypted link between two Bluetooth devices and lets them communicate with each other. Bluetooth devices will not work if the devices have not been paired.
- 4 Passkey or PIN is a code that you enter on your Bluetooth enabled device (e.g. a mobile phone) to pair it with your Jabra SPORT. This makes your device and the Jabra SPORT recognize each other and automatically work together.
- 5 Standby mode is when the Jabra SPORT is passively waiting for a call. When you 'end' a call on your mobile phone, the headset goes into standby mode.



Dispose of the product according to local standards and regulations.

[www.jabra.com/weee](http://www.jabra.com/weee)

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MODEL: BTE4



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