


How do I adjust sidetone to hear myself speaking during calls using Jabra Sound+?

Prerequisites

- [Jabra Sound+ - Android](#)
- [Jabra Sound+ - iOS](#)

To turn on/off sidetone and adjust the sidetone volume, follow these steps.

1. Open the Jabra Sound+ app.
2. In the **Headset** menu, tap the **Settings**  icon on the top right.
3. Tap **Headset settings, Call experience**.
4. In **Active calls**, adjust the settings according to your personal preferences.

Note

You may need to update the headset firmware to be able to adjust the level of Sidetone.

Download Jabra Sound+ from [Google Play](#) on your Android device or from the [App Store](#) on your iOS device.

Applicable products



**Jabra Elite 65e -
Titanium Black**



**Jabra Elite 65t -
Copper Black**



**Jabra Elite 65t -
Titanium Black**



**Jabra Elite 7 Pro -
Gold Beige**



**Jabra Elite 75t -
Titanium Black**



Jabra Elite 75t - Black



**Jabra Elite 7 Active -
Black**



**Jabra Elite Active 65t
- Copper Blue**



**Jabra Elite Active 65t
- Copper Black**



**Jabra Elite 85t - Gold
Beige**



**Jabra Elite 85t -
Titanium Black**

