

Jabra Sport Coach Special Edition

How do I create a cross-training circuit?

Requisitos previos

- [Jabra Sport Life - Android](#)
- [Jabra Sport Life - iOS](#)

To create a cross-training circuit, use the following steps:

1. Tap the **Cross-training** icon.
2. Tap **Workout**.
3. Tap the **+** icon in the top right corner.
4. Enter the name for the circuit, and add the exercises you want to include. For each exercise, you can choose to work out for a specific duration or number of repetitions.
5. Tap **Use circuit** to save.

Productos a los que se aplica



**Jabra Sport Coach
Special Edition**



**Jabra Sport Pace
Wireless**



Jabra Sport Pace Red



**Jabra Sport Pace
Wireless**



**Jabra Sport Pulse
Special Edition**