


# Jabra Elite 45e - Titanium Black

## How do I adjust sidetone to hear myself speaking during calls using Jabra Sound+?

### Conditions préalables

- [Jabra Sound+ - Android](#)
- [Jabra Sound+ - iOS](#)

To turn on/off sidetone and adjust the sidetone volume, follow these steps.

1. Open the Jabra Sound+ app.
2. In the **Headset** menu, tap the **Settings**  icon on the top right.
3. Tap **Headset settings, Call experience**.
4. In **Active calls**, adjust the settings according to your personal preferences.

### Note

You may need to update the headset firmware to be able to adjust the level of Sidetone.

Download Jabra Sound+ from [Google Play](#) on your Android device or from the [App Store](#) on your iOS device.

## Produits applicables



**Jabra Elite 10 - Cocoa**



**Jabra Elite 10 - Titanium Black**



**Jabra Elite 10 - Gloss Black**



**Jabra Elite 3 Active - Black**



**Jabra Elite 3 - Dark Grey**



**Jabra Elite 3 - Light Beige**



**Jabra Elite 3 - Navy**



**Jabra Elite 3 - Lilac**



**Jabra Elite 4 Active - Black**



**Jabra Elite 4 Active - Bleu**



**Jabra Elite 4 Active - Mint**



**Jabra Elite 4 - Dark Grey**



**Jabra Elite 4 - Light Beige**



**Jabra Elite 4 - Lilac**



**Jabra Elite 45e - Titanium Black**



**Jabra Elite 4 - Navy**



**Jabra Elite 45e -  
Copper Black**



**Jabra Elite 45h - Gold  
Beige**



**Jabra Elite 45h -  
Navy**



**Jabra Elite 45h -  
Titanium Black**



**Jabra Elite 5 - Gold  
Beige**



**Jabra Elite 5 - Noir  
titane**



**Jabra Elite 65e -  
Titanium Black**



**Jabra Elite 65e -  
Copper Black**



**Jabra Elite 65t -  
Titanium Black**



**Jabra Elite 65t -  
Copper Black**



**Jabra Elite 7 Active -  
Black**



**Jabra Elite 7 Active -  
Mint**



**Jabra Elite 7 Active -  
Navy**



**Jabra Elite 7 Pro -  
Black**



**Jabra Elite 7 Pro -  
Gold Beige**



**Jabra Elite 7 Pro -  
Titanium Black**



Jabra Elite 75t - Black



Jabra Elite 8 Active - Caramel



Jabra Elite 85h - Gold Beige



Jabra Elite 85t - Copper Black



Jabra Elite Active 45e - Black

Jabra Elite 75t - Gold Beige



Jabra Elite 8 Active - Dark Grey



Jabra Elite 85h - Navy



Jabra Elite 85t - Gold Beige



Jabra Elite Active 65t - Titanium Black

Jabra Elite 75t - Titanium Black



Jabra Elite 8 Active - Navy



Jabra Elite 85h - Titanium Black



Jabra Elite 85t - Titanium Black



Jabra Elite Active 45e - Mint

Jabra Elite 8 Active - Black



Jabra Elite 85h - Black



Jabra Elite 85t - Black



Jabra Elite Active 45e - Navy



Jabra Elite Active 65t - Copper Blue



**Jabra Elite Active 75t**  
- Copper Black



**Jabra Elite Active 75t**  
- Navy



**Jabra Elite Active 75t**  
- Titanium Black



**Jabra Evolve 65e UC**



**Jabra Evolve 65e MS**



**Jabra Evolve 65t MS**



**Jabra Evolve 65t UC**



**Jabra Evolve2 55 -  
Link390a MS Stéréo**



**Jabra Evolve2 55 -  
Link390a MS Mono**



**Jabra Evolve2 55 -  
Link390a UC Mono**



**Jabra Evolve2 55 -  
Link390a MS Stéréo**



**Jabra Evolve2 55 -  
Link390a UC Stéréo**



**Jabra Evolve2 55 -  
Link390c MS Mono**



**Jabra Evolve2 55 -  
Link390a UC Mono**



**Jabra Evolve2 55 -  
Link390a UC Stéréo**



**Jabra Evolve2 55 -  
Link390c MS Stéréo**



Jabra Evolve2 55 -  
Link390c UC Mono



Jabra Evolve2 65 -  
USB-A MS Teams

Jabra Evolve2 55 -  
Link390c MS Stéréo



Jabra Evolve2 65 -  
USB-A MS Teams

Jabra Evolve2 55 -  
Link390c UC Stéréo



Jabra Evolve2 65 -  
USB-A MS Teams

Jabra Evolve2 55 -  
Link390c UC Stéréo



Jabra Evolve2 65 -  
USB-A MS Teams



Jabra Evolve2 65 -  
USB-A MS Teams



Jabra Evolve2 65 -  
USB-A MS Teams



Jabra Evolve2 65 -  
USB-A MS Teams



Jabra Evolve2 65 -  
USB-A MS Teams



Jabra Evolve2 65 -  
USB-A UC Mono -



Jabra Evolve2 65 -  
USB-A UC Mono -



Jabra Evolve2 65 -  
USB-A UC Mono with



Jabra Evolve2 65 -  
USB-A UC Stereo with



Jabra Evolve2 65 -  
USB-A UC Stereo with



Jabra Evolve2 65 -  
USB-A UC Stereo -



Jabra Evolve2 65 -  
USB-A UC Mono with



Jabra Evolve2 65 -  
USB-A UC Stereo -



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C MS Teams



Jabra Evolve2 65 -  
USB-C UC Mono -



Jabra Evolve2 65 -  
USB-C UC Mono with



Jabra Evolve2 65 -  
USB-C UC Stereo with



Jabra Evolve2 65 -  
USB-C UC Mono -



Jabra Evolve2 65 -  
USB-C UC Stereo with



Jabra Evolve2 65 -  
USB-C UC Stereo -



Jabra Evolve2 65 -  
USB-C UC Stereo -



Jabra Evolve2 Buds -  
USB-A MS - Wireless



Jabra Evolve2 Buds -  
USB-A UC



Jabra Evolve2 Buds -  
USB-C MS



Jabra Evolve2 Buds -  
USB-C UC - Wireless

Jabra Evolve2 Buds -  
USB-A UC - Wireless



Jabra Evolve2 75 -  
USB-A MS Teams -

Jabra Evolve2 Buds -  
USB-C MS - Wireless



Jabra Evolve2 75 -  
USB-A MS Teams -

Jabra Evolve2 Buds -  
USB-C UC



Jabra Evolve2 75 -  
USB-A UC - Black



Jabra Evolve2 75 -  
USB-A UC - Beige



Jabra Evolve2 75 -  
USB-A MS Teams



Jabra Evolve2 75 -  
USB-C MS Teams -



Jabra Evolve2 75 -  
USB-C MS Teams -



Jabra Evolve2 75 -  
USB-C MS Teams with



Jabra Evolve2 75 -  
USB-A UC with Desk



Jabra Evolve2 75 -  
USB-C UC - Beige



Jabra Evolve2 75 -  
USB-C UC - Black



Jabra Evolve2 75 -  
USB-C UC with Desk



Jabra Evolve2 85 -  
USB-A MS Teams



Jabra Evolve2 85 -  
USB-A MS Teams



Jabra Evolve2 85 -  
USB-A MS Teams



Jabra Evolve2 85 -  
USB-A UC Stereo -



Jabra Evolve2 85 -  
USB-A UC Stereo -



Jabra Evolve2 85 -  
USB-A UC Stereo with



Jabra Evolve2 85 -  
USB-C MS Teams



Jabra Evolve2 85 -  
USB-C MS Teams



Jabra Evolve2 85 -  
USB-C MS Teams



Jabra Evolve2 85 -  
USB-C UC Stereo with



Jabra Evolve2 85 -  
USB-A UC Stereo with



Jabra Evolve2 85 -  
USB-C UC Stereo -



Jabra Evolve2 85 -  
USB-C MS Teams



Jabra Evolve2 85 -  
USB-C UC Stereo -



Jabra Evolve2 85 -  
USB-C UC Stereo with



Jabra Elite 10 - Matte  
Black



Jabra Elite 10 - Cream



Jabra Elite 10 Gen 2 -  
Cocoa



Jabra Elite 10 Gen 2 -  
Denim



Jabra Elite 10 Gen 2 -  
Gloss Black

Jabra Elite 10 Gen 2 -  
Soft White

Jabra Elite 10 Gen 2 -  
Titanium Black

Jabra Elite 8 Active  
Gen 2 - Black



Jabra Elite 8 Active  
Gen 2 - Coral



Jabra Elite 8 Active  
Gen 2 - Navy



Jabra Elite 8 Active  
Gen 2 - Olive