

# Jabra Sport Life

## How do I ensure that my calorie burn is calculated?

### Prerequisites

- [Jabra Sport Life - Android](#)
- [Jabra Sport Life - iOS](#)

The Jabra Sport Life app uses the GPS of the smartphone to calculate the calorie burn. To ensure access to GPS, follow these guidelines:

- Activate GPS on your smartphone around 5 minutes prior to a workout.
- Allow Jabra Sport Life to access the GPS of your smartphone.
- Activate Wi-Fi on your smartphone.
- To obtain the optimal GPS signal, wear your smartphone in an armband instead of storing it in a pocket which may block the GPS signal.

Note: If you run in areas where obstacles, such as tall buildings, block the GPS signal, there may be discrepancies in data results compared to the actual running distance. This may occur despite the correct placement of the smartphone.

## Applicable products



**Jabra Elite Sport**  
(Lime Green Grey)



**Jabra Elite Sport**  
(Original)



**Jabra Elite Sport**  
(Upgrade)



**Jabra Sport Pulse**  
Wireless Refurbished



**Jabra Sport Coach**  
Special Edition



**Jabra Sport Coach**  
Wireless



**Jabra Sport Coach**  
Wireless



**Jabra Sport Coach**  
Wireless



**Jabra Sport Pulse**  
Special Edition



**Jabra Sport Pulse**  
Wireless



**Jabra Sport Pace**  
Wireless Blue



**Jabra Sport Pace**  
Wireless Red



**Jabra Sport Pace**  
Wireless Yellow



**Jabra Sport Pace**