

Jabra Elite Sport (Original)

How do I calibrate the heart rate sensor?

Prerequisites

- [Jabra Sport Life - Android](#)
- [Jabra Sport Life - iOS](#)

To calibrate the heart rate sensor, use the following steps:

1. Open Jabra Sport Life.
2. Tap **Fitness tests** (stopwatch icon). (Alternatively, you can tap **Settings**, and then tap **Heart rate settings**.)
3. Tap the current activity to go to the list of **Fitness Tests**.
4. Tap **Resting Heart Rate test**.
5. Read the onscreen instructions.
6. Tap **Start**.
7. Wait for the test to finish.

Applicable products



**Jabra Elite Sport
(Lime Green Grey)**



**Jabra Elite Sport
(Original)**



**Jabra Elite Sport
(Upgrade)**



**Jabra Sport Pulse
Wireless Refurbished**



**Jabra Sport Pulse
Special Edition**



**Jabra Sport Pulse
Wireless**