

# Jabra Sport Coach Wireless

## How do I calibrate my Jabra headset to achieve optimal performance and readings with the Jabra Sport Life app?

### Prerequisites

- [Jabra Sport Life - Android](#)
- [Jabra Sport Life - iOS](#)

To get the most out of your headset, calibrate the pedometer. This will give more precise readings for distance, speed, and pace on the Jabra Sport life app. You can calibrate the pedometer automatically or manually.

To calibrate automatically, follow these steps:

1. Connect your headset to your mobile phone.
2. Turn on GPS on your mobile phone.
3. Open Jabra Sport Life.
4. Run for a minimum of 1000 meters.

To calibrate manually, follow these steps:

1. Connect your headset to your mobile phone.
2. Turn on GPS on your mobile phone.
3. Open Jabra Sport Life.
4. Tap **Settings**.
5. Tap **General Settings**.
6. Tap **Pedometer Calibration**.
7. Disable **Auto-calibration**.
8. Follow the onscreen instructions for both the **Walking Calibration** and the **Running Calibration**.

## Applicable products



**Jabra Sport Pulse  
Special Edition**



**Jabra Sport Coach  
Wireless**



**Jabra Sport Pulse  
Wireless**



**Jabra Sport Coach  
Wireless**



**Jabra Sport Coach  
Wireless**



**Jabra Sport Coach  
Special Edition**



**Jabra Elite Sport  
(Original)**



**Jabra Elite Sport  
(Upgrade)**



**Jabra Elite Sport  
(Lime Green Grey)**