

Jabra Sport Pulse Special Edition

What information can I receive during and after a workout using the Jabra Sport Life app?

Prerequisites

- [Jabra Sport Life - Android](#)
- [Jabra Sport Life - iOS](#)

The information varies and is dependent on which Jabra device you are using. The options include the following:

During an activity

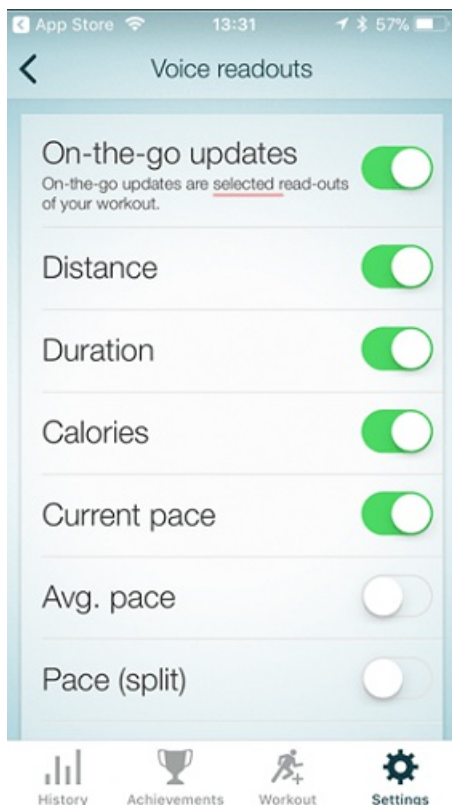
- Total distance
- Duration
- Training effect
- Heart rate
- Average heart rate
- Speed or pace
- Split speed or split pace
- Average speed
- Heart rate zone
- Step rate
- Cycling cadence

After an activity

- Total distance
- Duration
- Training effect
- Fitness level and development
- Calories

- Average heart rate
- Average pace
- Average step rate
- Average cycling cadence
- Average speed
- Average heart rate zone

You can view and select the readout options for your Jabra device in the Jabra Sport Life app.



Applicable products



Jabra Elite Sport
(Lime Green Grey)



Jabra Elite Sport
(Original)



Jabra Elite Sport
(Upgrade)



Jabra Sport Coach
Wireless Blue



Jabra Sport Pace
Refurbished Blue



Jabra Sport Pulse
Wireless Refurbished



Jabra Sport Coach
Special Edition



Jabra Sport Coach
Wireless



Jabra Sport Coach
Wireless



Jabra Sport Coach
Wireless



Jabra Sport Pulse
Special Edition



Jabra Sport Pulse
Wireless



Jabra Sport Pace
Wireless Blue



Jabra Sport Pace
Wireless Red



Jabra Sport Pace
Wireless Yellow



Jabra Sport Pace