

Jabra Sport Pulse Special Edition

How do I create a cross-training circuit?

Prerequisites

- [Jabra Sport Life - Android](#)
- [Jabra Sport Life - iOS](#)

To create a cross-training circuit, use the following steps:

1. Tap the **Cross-training** icon.
2. Tap **Workout**.
3. Tap the **+** icon in the top right corner.
4. Enter the name for the circuit, and add the exercises you want to include. For each exercise, you can choose to work out for a specific duration or number of repetitions.
5. Tap **Use circuit** to save.

Applicable products



**Jabra Sport Pulse
Special Edition**



**Jabra Sport Coach
Wireless**



**Jabra Sport Pulse
Wireless**



**Jabra Sport Pace
Wireless Red**



**Jabra Sport Pace
Wireless Blue**



**Jabra Sport Pace
Wireless Yellow**



**Jabra Sport Coach
Wireless**



**Jabra Sport Coach
Wireless**



**Jabra Sport Coach
Special Edition**